

20 CLASS OF THE 16 KYOSHI'S



Clint Green Kyoshi

Hampton, Virginia
7th Dan Shorin Ryu Shorinkan
6th Dan Kobudo



David W. Ahrens Kyoshi

Wyoming, Rhode Island
7th Dan Shorin Ryu Shorinkan
5th Dan Kobudo

Patrick Haley Kyoshi

Chico, California
8th Dan Shorin Ryu Shorinkan
6th Dan Kobudo



Additionally: Jerry Holt Sensei, Michael Kiefer Renshi, Ray Owles Renshi, Stephen Ferraro Renshi, Amy Green Renshi

**ALL CLASSES WILL BE AT THE ST. ANTHONY COMMUNITY CENTER:
3301 SILVER LAKE RD., ST. ANTHONY, MN 55418**

THURSDAY Sept. 22, 2016

SCHEDULE:

- 5pm-6pm: Kids karate (Kata) Haley, Green & Ahrens Kyoshi
- 6pm-7pm: Adult karate (Naihanchi Shodan Bunkai) Haley & Green Kyoshi
- 7pm - 8pm: TESTING REVIEW Haley Kyoshi
- 7pm - 8pm: Kobudo class (Sai dai Ni) Green Kyoshi & Owles Renshi
- 7pm-8pm: Adult karate: (Ground work) Ferraro & Kiefer Renshi

FRIDAY Sept. 23, 2016

SCHEDULE:

- 5pm-6pm: Kids Kumite Class, Haley & Green Kyoshi *(Bring your own equipment)*
- 5pm-6pm: Adult karate: (Pinan Bunkai) Ahrens Kyoshi & Kiefer Renshi
- 6pm-8pm: BLACK BELT TEST

SATURDAY Sept. 24, 2016

SCHEDULE:

- 10am-11am: Kids karate (Drills) Haley, Green & Ahrens Kyoshi
- 11am-12pm: Adult karate (Naihanchi Shodan Bunkai) Haley Kyoshi & Holt Sensei
Kobudo class (Shushi no kun & Sakugawa no kun dai ichi) Ahrens Kyoshi & Owles Renshi
- 12pm-1pm: Lunch
- 1pm-2pm: Adult karate (Passai Bunkai) Haley & Ahrens Kyoshi
Street & Home Self-Defense for ALL, Green Kyoshi, Ferraro & Amy Green Renshi
- 2pm-3pm: Adult karate (Kusanku Bunkai) Haley, Green & Ahrens Kyoshi
Adult karate (Ground work) Ferraro & Kiefer Renshi
- 3pm-4pm: Adult karate (Pinan Bunkai) Haley & Green Kyoshi
Kobudo class (Kubo no kun) Ahrens Kyoshi & Owles Renshi
- 4pm-5pm: Adult karate (Makiwara training) Haley, Green and Ahrens Kyoshi
Adult karate (Second set yakusoko kumite) Owles & Kiefer Renshi

FEES: (to be paid in advance or at the seminar)

Adults: 1 session = \$40 | 2 sessions = \$55 | 3 sessions = \$70
4 sessions or more = \$100

Kids: 1 session = \$30 | 2 sessions = \$45 | 3 sessions = \$60

FOR MORE INFORMATION: Contact Sensei Dieter @ 612.203.5187 | shorinryumn@gmail.com | www.shorinryu-mn.com